

Daubeney primary school are
celebrating **childrens mental health week**
10th -14th Feb 2025

14th February 2025
non-uniform day

DRESS

TO

EXPRESS



**ACTIVITIES THROUGHOUT
THE WEEK**

- Mindful colouring
- Re-introducing the mindful calming boxes back into classes.
- Assemblies for both key stages.
- Fantastic "Mental Health and Emotional Wellbeing" workshops.
- Non- uniform day - dress to express yourself 14th Feb 2025.