



Safeguarding News Summer 2 2022

Dear Parents and Carers,

Welcome to our summer 2 safeguarding newsletter. This newsletter focuses on summer safety; our Jigsaw theme for the term and peer on peer abuse.

Summer Safety

We hope you have a wonderful summer holiday and find time to have fun as a family. Below are some top tips in staying safe during the holiday:

- 1. Keep children safe around water** - Go swimming at properly-supervised sites
- 2. Follow the five Ss of sun safety:**
 - Sunscreen** – slop on SPF 30+ broad-spectrum waterproof sunscreen every two hours
 - Sun hat** – put on a broad-brimmed hat that shades your face, neck and ears
 - Sunglasses** – wear wrap-around sunglasses with UV protection to shield the eyes
 - Shoulders** – slip on a T-shirt or UV protective suit for children and remember to keep your shoulders covered
 - Shade** – seek shade, particularly during the hottest time of the day between 11am and 3pm
- 3. Make sure your children know how to cross the road safely** - Sounds very basic, but when young children are out and about with their friends, they can easily get distracted or might take risks when crossing roads. Ensure they have the skills and understanding to deal with roads and traffic safely.
- 4. Temporary tattoo (of your phone number) in case they get lost** - This is a great tip to ensure your child will always be able to contact you, even if they have not got access to their own phone or have forgotten your number. It is a particularly good idea at busy events like festivals or theme parks where you could get separated in a crowd.
- 5. Don't keep personalised items** - It is a good idea not to have anything visible with your child's name on like rucksacks, tops, and bracelets. If a stranger is able to easily read their name, they'll be able to address them by it, meaning your child is more likely to trust them.
- 6. Talk to your child about what to do if they separate from you** - If your child gets separated from you in public, a police officer would be a good person for them to ask for help, but they're not always around. While you'll never exactly know who is safe and who isn't, a mum or dad with their own children is usually a good choice, they are likely to want to help and will know what to do.
- 7. Make a family code word** - Come up with a code word which you and your children can use to reassure or warn each other in potentially dangerous situations - Pick something that is easy to remember, but unusual and impossible for anyone else to guess. This is useful for a few different situations:
 - When at a friend's house, if your child feels unsafe or wants to leave without seeming rude, ask them to call you and use the code word.
 - If, when out in public, there's a safety threat, you can use the word to warn your children to get close to you and leave quickly.
- 8. Staying safe online** - Children and young people will have more free time to spend with friends and family online. Click on the link below for advice on staying safe on line: <https://saferinternet.org.uk/guide-and-resource/staying-safe-online-in-the-summer-holidays>
- 9. Have fun and plan activities together** - The summer holidays can be a great chance to spend time with friends and family. Some children may feel a bit lonely or may miss the routine they have when they are in school. Try to keep children's sleep routines the same as this will help when returning to school. Plan plenty of opportunities to go out as a family and have fun. See link for free activities
<https://www.visitlondon.com/things-to-do/family-activities/31-free-things-to-do-with-kids>
<https://www.timeout.com/london/kids/activities/free-things-to-do-with-the-kids-in-london>





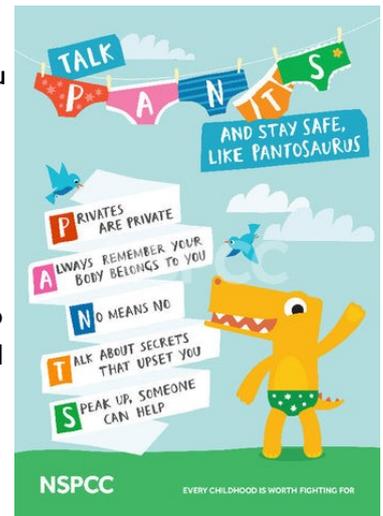
Summer 2 theme: Changing Me

As part of our curriculum, all children received lessons in Relationship and Health Education. We consulted with you about this in Summer 1 and we thank parents for

their feedback.

We want all our children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain and maintain healthy and strong relationships now and into adult life.

Children across the school enjoyed watching the Pantasaurus video. This led to important discussions about keeping our bodies safe and speaking out if we feel worried about this. Each class thought who they would speak to if they needed to have a conversation with a trusted adult.



To find out more information and how to support at home, please click on the link below:

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

WHO TO CONTACT IF YOU HAVE A CONCERN ABOUT A CHILD

If you are worried about a child's safety please do not hesitate to contact the Designated Safeguarding Lead straight away.

Below are the names of staff who are part of the safeguarding team at Daubeney Primary School.

Designated Safeguarding Lead:
Mr Swarbrick



Deputy Safeguarding Lead:
Mr Logan

Safeguarding Team:
Mr Dharma Miss Bibi
Miss Gustave

They can be contacted via the school office, or by telephone on 02089854380

<https://www.daubeney.hackney.sch.uk/about-us/safeguarding>

Daubeney's half term focus: Peer on Peer Abuse

Peer on peer abuse occurs when a young person is exploited, bullied and/or harmed by their peers who are the same or similar age.

How do we understand what peer-on-peer abuse is?

Peer-on-peer abuse is most likely to include, but may not be limited to:

- Bullying (including cyberbullying, prejudice-based and discriminatory bullying)
- Physical abuse such as hitting, kicking, shaking, biting, hair pulling or otherwise causing physical harm (this may include an online element, which facilitates, threatens and/or encourages physical abuse)
- Emotional abuse- on or off line
- Abuse in intimate relationships between peers
- Sexual violence and sexual harassment
- Causing someone to engage in sexual activity without consent
- Upskirting, which typically involves taking a picture under a person's clothing without their permission, to obtain sexual gratification or cause the victim humiliation, distress or alarm
- Consensual and non-consensual sharing of nude and semi-nude images and/or videos (also known as sexting or youth produced sexual imagery)
- Initiation/hazing type violence and rituals, which could include activities involving harassment, abuse or humiliation used as a way of initiating a person into a group, and may also include an online element.

At Daubeney, children are taught through our PSHE curriculum about how to speak out if they know something is not right. We have robust systems in place for pupils to confidently report abuse. Worry boxes are available for children to express their concerns and we have regular assemblies to remind children who they can talk to.

All staff know what to do if they come across, or are worried about, peer-on-peer abuse. They are aware to report any concerns to the DSL (Designated Safeguarding Lead) or one of the safeguarding team to ensure children are safe.

If you have any concerns and/or worried about a child please speak to a member of the safeguarding team.