

Daubeney Children & Family Hub

Activity Timetable (Term Time only) 6th January to 27th March 2026

103 Daubeney Road London E5 0EG

T: 020 8525 7040

E: CFHUB@daubeney.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Family Coaching workshop 10-12pm 9/02 Call to book. Antenatal/Postnatal Clinic 9am – 4pm By appointment only	Wigglers & Jigglers Drop-In 10.30am – 11.30am (0 –12 months) First Aid Workshop for Parents 20/01 10am – 12pm Call to book	Stay & Play Drop-In 10am – 12pm) (0-5 years) Post-Natal Yoga for Parents 10.15am – 11.15pm (6 weeks - 8 weeks)	Gestational Diabetes (GDM) Awareness Workshop 10am – 12pm 15/01 Call to book Helping In School course for parents 9.15am – 3.15pm	Baby Stay & Play Drop-In with Toy Library (Twins support available) 10am – 12pm (0 – 2 years) Triple P (Parenting Course for New Parents) 10am – 12pm 23/01- 12/02 Call to book
Music with Creative Futures Start from 12/01 1pm - 1.45pm (0 - 12 months) 2pm- 2.45PM (1- 4 years) Starting Solid workshop for Parents 1.30pm –3.15pm Tuesday 3/02 Call to book	Baby Step Workshops: Sibling Rivalry 9.30am –11.30am 13/01 Call to book Play & Brain Development 9.30am –11.30am 10/2 Call to book Cry & Sleeping 9.30am –11.30am 10/3 Call to book	Health Clinic 9.30pm – 3.30pm Call 020 7683 4151 to book Infant Feeding Peer Support Drop-In 1pm – 2.30pm Sing & Sign with Corin (Drop-In) 2.15pm – 3pm (0 – 5 years)	Baby Bells with Hartbeeps Drop-In 1pm – 1.45pm (0 – non crawling age) Happy House with Hartbeeps Drop-In 2pm – 2.45pm (Crawling age– 4 years)	Parents Panel Meeting Tuesday 20/01 10.30am -12.00pm at Millfields Children's Centre Call Nivedita 07766923838 Baby Massage Course for Parents 1.30pm – 3pm Start Date:16/01- 13/02
Shelter Housing Workshops: Disrepair for Housing 1pm-3pm Tues 27/01 Call to book Overcrowding for Housing 1pm-3pm Tues 17/02 Call to book Discretionary Housing Payments Application 1pm-3pm Tues 24/03 Call to book	Wellbeing Session for Parents (Parents Only 5 Weeks) 1pm – 3pm 24/2 - 24/3 Call to book Starting Solid workshop for Parents 1pm –3pm 17/3 Call to book	After School Club with Toy Library Drop-In 3.30-4.30pm (0 – 8 years) Newborn Hearing Screening Clinic 9am- 3pm Call 020 8510 5738 to book	Understanding your baby course 1pm –2.45pm 22/01– 05/03 (0– 10 months) Call to book	All our sessions are aimed at being inclusive - if you need additional support please let us know

Wentworth Nursery School & Children's Centre

Activity Timetable (Term Time only) 6th January to 27th March 2026

Granard House, Bradstock Road, E9 5BN

T: 020 8985 3491, option 2

E: childrenscentre@wentworth.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Antenatal Clinic 9am – 4pm By appointment only	Speech & Language Therapy 9am – 4pm By referral only	Speech & Language Therapy 9am – 4pm By referral only	To express interest in our services scan the QR code 	Antenatal/Postnatal Clinic 9am – 4pm By appointment only
Stay & Play Drop-In 9.30am – 11.30am (0 – 4 years) For the latest update join our WhatsApp Channel 	Tiny Tots Drop-In 9.30am – 11.30am (Newborns to pre-walkers)	Tots Together Drop-In 9.30am – 11.30am (Emerging & practicing walkers) Infant 1st Aid Workshop 25/2, 9:30am – 11:30am By booking only	Tiny Tots Drop-In 9.30am – 10.30am (Newborns to pre-walkers) Mini Movers 9/1 and 12/3 9:30am – 10:30am (Newborns to pre-walkers)	Stay & Play Drop-In 9.30am – 11.30am (0–4 years) Starting Solids 27/2, 9:30am – 11:30 For Hackney families with babies 3 – 8 mths. Baby stay with the parent. Booking only.
Fussy Eating Workshop for Calmer Family Meal Time 16/2, 1pm – 3pm (February ½ term holiday) Creche provided By booking or referral only	CATCH (Speech & Language Assessments) Second Tuesday of the month, 9:30am – 12noon By referral only	Baby Massage 21/1 – 11/2 & 4 – 25/3 10am – 10.50am By booking only Call 020 8985 3491 , option 2 to express interest or scan the QR code to the right.	Baby Bells Drop-In 8/1 – 26/3 10:45am – 11.30am (Newborns to pre-crawlers)	Quilting course with creche 1pm – 3pm By booking only Call 020 8985 3491 , option 2 to express interest or scan the QR code to the below.
HENRY Parenting Programme 26/1 – 23/3 12:45pm – 3pm Creche provided By booking (scan the QR code to the right) or referral	Adult Learning: ESOL with creche 1pm – 3pm By invitation only Respite Creche 1pm – 3pm (term time only) By referral only	Adult Learning: ESOL with creche 1pm – 3pm By invitation only Respite Creche 1pm – 3pm (term time only) By referral only	Stay & Play Drop-In 1pm – 3pm (0–4 years) 	Mum's Big Day Bash Saturday 14/3/2026, 10am-12:30pm A joyful celebration dedicated to mums and mother figures. Bring your partners and little ones (under 8) for refreshments & fun. Drop-in. Hackney families

Clapton Park Children's Centre

Activity Timetable (Term Time only) 6th January to 27th March 2026

161 Daubeney Road London E5 0EP

T: 020 8986 7437

E: claptonpark@hackney.gov.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Music and Movement – Support for Childminders 10am–11:30am (0–5 years)	Stay & Play 10am–12pm (0–5 years)	Forest School Drop-In 10am–11.30am (18 months–5 years)	Messy Play 10am – 12pm (0 – 5 years)	Under 18 months session 10am–12pm (0–18 months)
Sensory Play 12.30pm–1.30pm (0–18 months, or SEND children aged 0–5 years)	Toy Library with Stay & Play 10am–12pm (0–5 years)	Childminding – Support for Childminders 10am–12pm (0–5 years)	Starting Solids Workshop 22/01 1.30pm–3.30pm Call 020 8986 7437 to book a place	Baby Massage 10am–10.45am 16/1 – 13/2 & 27/2 – 27/3 5-week course (5 weeks–Pre-crawlers) Call or email to book a place
Sensory Toy Library 1.30pm–2pm (0–18 months, or SEND children aged 0–5 years)		Gardening Club 10.30am–11.30am 25/02 - 25/03 (18 months–5 years)	First Aid workshop for parents 10am – 12pm 05/02 Call or email to book	
		Sensory Toy Library 1pm–1.30pm (0–18 months, or SEND children aged 0–5 years)		
		Sensory Play 1.30pm–2.30pm (0–18 months, or SEND children aged 0–5 years)		

Millfields Children's Centre

Activity Timetable (Term Time only) 6th January to 27th March 2026

Elmcroft Street, London E5 0SQ
ccinfo@millfields.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Baby Massage Course 4 week Start 12/01 and 2/03 Please book in advance	Stay and Play Drop-In 10 am– 11:30am (0 - 5 years) Parents Panel Meeting 10.30am -12.00pm Tuesday 20/01 Call Nivedita 07766923838 for booking and more information	Stay and Play Drop-In 10 am– 11:30am (0 - 5 years)	Stay and Play Drop-In 10am–11.30am (0 - 5 years) Note: Centre will be closed on 8 January 2026	Music & Movement Drop-In 10am–11.30am (0 - 5 years)
Mini Movers Visit from physiotherapist to give tips on physical development 1.30-2.30pm 09/02	Stay and Play Drop-In 1.30pm–3pm (0 - 5 years)	Stay and Play Drop-In 1.30 pm - 3.00 pm (0 - 5 years)	First Aid for parents and babies under 1 1pm - 3pm 12/03 Please book in advance	

Frampton Park Baptist Church (FPBC)

Activity Timetable (Term Time only) 6th January to 27th March 2026

Frampton Park Road, London E9 7PQ
T: 020 8986 4765

Monday	Tuesday	Wednesday	Thursday	Friday
		Stay and Play Drop-In 10am – 12pm (0 – 5 years)	Stay and Play Drop-In 10am – 12pm (0 – 5 years)	Stay and Play Drop-In 10am – 12pm (0 – 5 years)

Morningside Children's Centre

Activity Timetable (Term Time only) 6th January to 27th March 2026

Chatham Place, Hackney, London, E9 6LL

T: 020 8525 2400

E: admin@morningside.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Soft Play Drop-In 9am–11.15am (0-5 years)	Speech & Language Therapy Session 1:1 9am–4pm By referral only	Speech & Language Therapy Session 1:1 9am–4pm By referral only	Moving & Rolling Drop-In 9am–11.15am (0–12 months)	Infant Feeding Support 9am–2pm By appointment only Call 020 8525 2400 to book
First Steps Psychology Support (Referral & by appointment only) 9am–4pm (0-18 years)	Baby Yoga with Karen 06/01–03/02 24/02–24/03 (5-week course) 10am–11am (6 weeks–8 months) Call 020 8525 2400 to book a place	Interactive Story Telling with Stay & Play Drop-In (Supporting children's language development) 9am–11.15am (0-5 years)	Sensory Messy Play Drop-In 1.30pm–3pm (0-12 months)	Music with Double Bass Dan First come first served 9.30am–10.00am 10.15am–10.45am (0-5 years)
Messy Play Drop-In 1.30pm–3pm (0-5 years)	Baby Massage with Karen 06/01–03/02 24/02–24/03 (5-week course) 11.30am–1pm Call 020 8525 2400 to book a place (6 weeks–8 months)	Stay & Play Drop-In 1.30pm–3pm From 10/09 - 10/12 (0-5 years)	Clothes Swap available at any of our Stay & Play Drop-Ins, please ask a member of staff.	Stay & Play Drop-In 1.30pm–3pm (0-5 years) Make It REAL (Literacy event) 06/02 & 20/03 2pm–3pm (2-4 years)
	Starting Solids Workshop 20/01 1.30pm–3.30pm (6 months) Call 020 8525 2400 to book a place	Come Bake with Us First come first served 2pm–3pm (2-5 years)	First Aid Workshop for Parents with children 9.30am–11.30am 12/03 Call 020 8525 2400 to book a place (0-12 months)	First Year & You Parenting Group 1.30pm–3pm 23/01–27/03 Call 020 8525 2400 to book a place (0-12 months)

Gainsborough Children's Centre

Activity Timetable (Term Time only) 6th January to 27th March 2026

Berkshire Road, London, E9 5ND

T: 020 8985 4622

E: childrenscentre@gainsborough.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Family Breakfast Drop-In 8.15am – 8.45am (0 – 10 yrs) First Steps 1.1 Consultation 9am – 3pm Appointment only	Speech and Language 9am – 12pm Appointment only Starting Solids Workshop One-off Drop-in on 10/03 9.30am - 11.30am	Your questions our coffee join Joyce and meet the Pre-School Manager 8.45am – 9.30am Drop-In First Steps 1.1 Consultation 9am – 3pm Appointment only	Mini Movers 1.1 Consultation 9am – 3pm Appointment only Please call to book or enquire about any of our sessions on 0208 9854622	Special Educational Needs and Disabilities Stay & Play Emerging or diagnosed Drop-in 9am – 11am Health Visitor Clinic 10am – 3pm Appointment only
Development check with Health Visitor 9.30am – 11.30am Appointment only Badu Keep Fit for Adults 10.00am – 11.30am Booking required (with creche)	Health Visitor Clinic 9.30am - 12.30pm Appointment only Sensory Stay & Play Drop-in 9.30am - 11.30am	Maths GCSE 9.30am – 3pm (Tues & Wed) Booking call 0208 3565055 Email iag@hackney.gov.uk Stay & Play with toy Library Drop-in 9.30am - 11.30am (0-8yrs) Sing and Sign with Corin 07/01 - 25/03 Drop-in 1.00pm - 1.45pm	Registered Childminder's Group 9.30am – 11.30am Health Visitor Clinic 1.30pm – 2.30pm Appointment only English GCSE Course 10am – 12pm (with creche Mon & Thu) Please call 0208 356 5055 email: iag@hackney.gov.uk	Baby Massage with Karen 5 weeks 10.00am – 11.30am starts 27/02 & 17/04 Booking required (4 weeks– pre crawling) Mama Meet Up 11.30am – 1pm Please ask for more details
Respite Creche (Mon & Wed) 1.30pm – 3.30pm (0 – 5yrs) Please check eligibility Stay & Play Drop-In 3.45pm – 4.45pm (0-8 yrs)	Messy Play Drop-In 1.30pm – 3.30pm (0 – 8yrs) First Aid workshop for parents (under one year old) 20/01 1pm– 3pm Call to Book Stay & Play Drop-in 3.45pm – 4.45pm (0 – 8yrs)	Infant Breastfeeding 10.00am – 11.00am Drop-In Infant Breastfeeding Black Mixed Heritage Mums 12.30pm – 2pm Appointment only Stay & Play Drop-in 3.45pm – 4.45pm (0 – 8yrs)	Baby Yoga with Karen 5 week starts 26/02 & 16/04 1.30pm – 2.30pm Booking required (6 weeks – pre crawling) Stay & Play Drop-in 3.45pm – 4.45pm (0 – 8yrs)	Sleep Clinic Drop-in 12.00pm - 1.00pm Last Friday of Every Month Advice and Tips Sip and Sew TBC 1.30pm - 3.30pm Booking required (with creche) Cooking with Joyce Drop-In 3.30pm – 5pm (0 – 8yrs)

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Citizen's Advice

For support, advice, information on wellbeing, welfare and benefits.

Tuesdays, **10am–1pm**

Daubeney Children & Family Hub.

Call **020 8525 7040** to book.

Shelter Housing Support and Advice

Contact **020 8525 7040**

Domestic Abuse Intervention Service

Support and Advice

Contact **020 8525 7040**

Baby Steps Support and Advice

Contact **020 8525 7040**

Healthy Start Vitamins

FREE vitamins for pregnant women, new mums and children under four. You can collect Healthy Start Vitamins from Daubeney, Gainsborough, Wentworth, and Morningside reception Monday– Friday, **9am– 5pm**.

Forest School Outdoor Learning at Clapton Park Children's Centre

More information:

hackneyforestschool.co.uk/web/drop-ins/225242

Rose vouchers

To find out if you are eligible for rose vouchers for **FREE** fruit & vegetables,

Contact Daubeney Children & Family Hub.

Childcare

For more information on childcare vacancies contact:

Daubeney Children & Family Hub and Nursery

020 8525 7040

Wentworth Nursery School & Children's Centre

020 8985 3491 Option 2

Clapton Park Children's Centre

020 8986 7437

You can also find out if you are eligible for FREE fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to:

education.hackney.gov.uk/

Early Help Family Support

If you would like support with family life, finances issues and other issues, speak to the Family Support Service. They can provide one-to-one support or direct you to where you can access relevant support.

Please call Family Support Monday to Friday, 9am– 4.30pm on **020 8525 7040**.

Speech & Language initial assessment (CATCH)

If you are concerned about your child's speech, language or communication, you can attend a CATCH Initial Assessment.

Appointment only.

Email: huh-tr.sltinfo@nhs.net or

call **020 7683 4262** for more information.

1st Tuesday of the month at

Daubeney Children & Family Hub

2nd Tuesday of the month at

Wentworth Children's Centre

Childminder Network

Clapton Park Children's Centre

Contact Grace on **020 8986 7441/07810856321**

Useful Links

Homerton Maternity Helpline

020 8510 5955

Available every day from **10am–6am**

huh-tr.homertoninfantfeeding@nhs.net

homerton.nhs.uk/infant-feeding

NCT Infant Feeding

0300 330 0700

Available every day from **8am to midnight**

hackneyinfantfeeding.nct.org.uk

Support for Dads

Dads Who whatsapp group: **079 8460 1104**

info@healthwatchhackney.co.uk

Solihull approach to parenting Hackney

08081451893

SolihullApproachHackney@barnardos.org.uk

Available on **Monday - Friday 9am-5pm**

<https://www.barnardos.org.uk/get-support>

anya: 24/7 Pregnancy, Parenting and Infant Feeding Support

<https://anya.health/parenting-support>

Newborn Hearing Screening Clinic

To make an appointment: **020 8510 5738**

E-mail: huh-tr.newborn-hearing-screening-hackney@nhs.net