Daubeney Children & Family Hub

Activity Timetable (Term Time only) 2 September to 16 December 2026

LGBTQ+
103 Daubeney Road London E5 0EG
T: 020 8525 7040
E: CFHUB@daubeney.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Chill & Chat with Infant Feeding Peer Support Group Drop-In **10am – 11.30am** **Stay & Play Drop- In** **Starts from 07/09** **10am – 12pm** (0-5 years)	**Wigglers & Jigglers Drop-In** **Starts from 08/09** **10.30am – 11.30am** (0 –12 months) **Post-Natal Yoga for Parents** **Drop-In Starts from 08/09** **2pm-3pm** (with 6 weeks - 8 weeks babies)	**My Journey Stay & Play** **Starts from 09/09** **Drop-In** **10am – 12pm** (0-5 years) **Health Clinic** **9.30pm – 3.30pm** Call 020 7683 4151 to book	**Baby Massage Course for Parents (5 weeks)** **10am – 11.30am** Starts Date: 24/09 & 12/11 Call to book	**Baby Stay & Play Drop-In with Toy Library** **Starts from 11/09** **10am – 12pm** (0 –3 years) **Family Coaching workshop** **Supporting Positive Parents & Child relationship** **10am-12pm** 6/11 Call Nivi on 07766923838
Music with Creative Future **Starts from 07/09** **1pm - 1.45pm** (0 - 12 months) **2pm- 2.45pm** (1- 4 years) **Antenatal/Postnatal Clinic** **9am – 4pm** By appointment only from NHS 	**Baby Steps Workshop: Cry & Sleeping** **1pm –3pm** 15/09 Call to book **First Aid Workshop** **1.30pm –3.30pm** 08/09 Call to book **CAB Advice session** 9am – 1pm Call to book	**Sing & Sign with Corin Drop-In** **Starts from 09/09** 1pm – 1.45pm (0 – 5 years) **Shelter Housing Workshops:** Call to book **Renters Rights Act -An Overview** **1.30pm –3.30pm** 23/09 **Tracking Disrepair** **1.30pm –3.30pm** 25/11	**Baby Bells with Hartbeeps** **Drop-In Starts from 10/09** **1pm – 1.45pm** (0 – non crawling age) **Happy House Drop-In** **Starts from 10/09** **2pm – 2.45pm** (Crawling age– 4 years) **CAB Legal Advice session** **9am – 1pm Call to book** **2pm - 4 pm** Drop-In	**Physiotherapy Clinic** **9am - 11am** Support and advice for tummy time and your child's development. 25/09, 30/10 & 27/11 Book online URL: https://www.swiftqueue.co.uk/pre_timescreen.php?id=$2y$12$0NlrCqdL7g0AV3qXrba6z.oHGrmlucSw0ATBsAsq8z8id3KnmPcTG
Shelter Housing Advice Session **9.30-1.15pm** Call to book **NCFE Entry level 3 Essential Digital Skills Course for Parents (No Creche)** Starts from 7/09 **Every Monday & Tuesday** **1pm – 3pm** Call to book	**Starting Solids workshop** **1pm –3pm** 22/09, 13/10 & 10/11 Call to book **What's in Your Food? Understanding Food Labels Workshop** **1pm –3pm 17/11 Call to book** **Healthy Food Swaps Workshop** **1pm –3pm** 8/12 Call to book	**Newborn Hearing Screening Clinic** **9am- 3pm** Call **020 8510 5738** to book 	**Parents Panel Meeting** **10pm- 12pm** 5/11 To book call Nivedita **07766923838**	**Follow us on Instagram & WhatsApp**

Children & Family Hubs Partnerships

All our sessions are aimed at being inclusive. If you need additional support please let us know

Hackney

Wentworth Nursery School & Children's Centre

Activity Timetable (Term Time only) 7 September to 21 December 2026

Granard House, Bradstock Road, E9 5BN
T: 020 8985 3491, option 2
E: childrenscentre@wentworth.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Stay & Play Drop-In **9.30am – 11.30am** (0 – 4 years) **Postnatal Baby Yoga** **21/9 – 19/10** **11:00am – 11:45am** Invites only.	**Tots Together Drop-in** **9.30am – 11.30am** (0 – 24 months)	**Messy Play Drop-In** **9.30am – 11.30am** (0 – 4 years) No session 4/11 **Library Visit** **4/11, 10am – 11am**	**Tiny Tots Drop-In** **9.30am – 10.30am** (Newborns to crawling)	**Stay & Play Drop-In** **9.30am – 11.30am** (0 – 4 years) No session 11/9 & 2/10 **Autumn Walk** **2/10, 9.30am – 11.30am**
Eating for Healthy Teeth Workshop **21/9, 1pm – 3pm** **Fussy Eating Workshop** **28/9, 1pm – 3pm** Creche provided. Call 020 8985 3491, option 2 to express interest or scan the QR code.	**To register your interest in workshops & courses scan this QR code:**	**Baby Massage** **23/9 – 14/10 & 11/11 – 2/12, 10am – 10.50am** By booking only Call 020 8985 3491, option 2 to express interest or scan the QR code to the right.	**Mini Movers** **10/9 & 12/11** **10am – 11am** (Newborns to crawler) Q&A with a therapist about your baby's physical development.	**Starting Solids** **16/10 & 4/12** **9.30am – 11.30am** Booking only. **Infant 1st Aid** **06/11 9.30am – 11.30am** Booking only.
HENRY Parenting Programme **5/10 – 30/11,** **12:45pm – 3:15pm** Creche provided. Call 020 8985 3491, option 2 to express interest or scan the QR code.	**Respite Creche** **1pm – 3pm** (term time only) Referrals only. **Adult learning: ESOL course** **1pm – 3pm**	**Respite Creche** **1pm – 3pm** (term time only) Referrals only. **Adult learning: ESOL course** **1pm – 3pm**	**Stay & Play Drop-In** **1pm – 3pm** (0–4 years) **Physio Q&A Drop-In** **17/9 & 17/12** **1pm – 2:30pm**	**Quilting course with creche** **1pm – 3pm** (term time only) By booking only. Call 020 8985 3491, option 2 to express interest or scan the QR code.
Pops & Tots Baby Yoga **21/9 – 19/10** **4.30pm – 5.15pm** Booking only.	Nursery School • Children's Centre Wentworth The Joyful Learners	**Candle Making workshop** **28/10, 1pm – 3pm (1/2 term)** (3 – 8 year old) Booking only.		**Breakfast Stay & Play** **Saturday 26/9/2026** **10am-12pm**

Children & Family Hubs Partnerships

Hackney

Clapton Park Children's Centre

Activity Timetable (Term Time only) 2 September to 22 December 2026

161 Daubeney Road London E5 0EP
T: 020 8986 7437
E: claptonpark@hackney.gov.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Music and Movement – Support for Childminders **10am–11:30am** (0–5 years)	**Stay & Play** **10am–12pm** (0–5 years)	**Forest School Drop-In** **10am–11.30am** (18 months–5 years) Call or email to book a place	**Messy Play** **10am – 12pm** (0 – 5 years)	**Under 18 months session** **10am–12pm** (0–18 months)
Soft Play **12.30pm–2pm** (0–18 months)	**Toy Library with Stay & Play** **10am–12pm** (0–5 years)	**Childminding – Support for Childminders** **10am–12pm** (0–5 years)	**HENRY: Healthy Families Right From The Start Programme** **1.30pm–3.30pm** (01/10/2026 - 26/11/2026)	**Baby Massage** **10am–10.45am** 18/9 – 16/10 & 6/11 – 04/12 (5 weeks–Pre-crawlers) Call or email to book a place
	**First Aid Workshop for Parents** **1pm–3pm** 06/10/2026 Call or email to book a space	**Gardening Club** **10.30am–11.30am** **02/09 - 21/10** (18 months–5 years)		
		Sensory Toy Library **1pm–1.30pm** (0–18 months, or SEND children aged 0–5 years)		
		**Sensory Play** **1.30pm–2.30pm** (0–18 months, or SEND children aged 0–5 years)		

Children & Family Hubs
Partnerships

Hackney

Millfields Children's Centre UPDATED version

Activity Timetable (Term Time only) November to December 2026

Elmcroft Street, London E5 0SQ
ccinfo@millfields.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Stay and Play Drop-In **10am– 12pm** (0-5 years) At Clapton Park Children's Centre	Stay and Play Drop-In **1.30pm– 3.30pm** (0-5 years) At Gainsborough Children's Centre	My Journey Stay and Play Drop-In **10am– 12pm** (0-5 years) At Daubeney C&F Hub	Please note: Due to refurbishment works, Millfields Children's Centre services have been temporarily relocated to other Children's Centres and the Daubeney Children & Family Hub.	Music & Movement Drop-In **10am–11.30am** (0-5 years) At Gainborough Children's Cerntre
Stay and Play Drop-In **1.30pm– 3pm** (0-5 years) At Clapton Park Children's Centre				

Frampton Park Baptist Church (FPBC)

Activity Timetable (Term Time only) September to December 2026

Frampton Park Road, London E9 7PQ
T: 020 8986 4765

Monday	Tuesday	Wednesday	Thursday	Friday
		Stay and Play Drop- In **10am – 12pm** (0 – 5 years)	Stay and Play Drop- In **10am – 12pm** (0 – 5 years)	Stay and Play Drop- In **10am – 12pm** (0 – 5 years)

Children & Family Hubs
Partnerships

Hackney

Morningside Children's Centre

Activity Timetable (Term Time only) 3 September - 18 December 2026

Chatham Place, Hackney, London, E9 6LL
T: 020 8525 2400
E: admin@morningside.hackney.sch.uk

Monday	Tuesday	Wednesday	Thursday	Friday
Soft Play Drop-In **9am–11.15am** (0-5 years)	**Speech & Language Therapy Session 1:1** **9am-4pm** By referral only	**Speech & Language Therapy Session 1:1** **9am-4pm** By referral only	**Soft Play Drop-In for Babies** **9am-11.15am** (0–12 months)	**Enhanced Health Visiting Infant Feeding Support** **9.30am-2pm** By appointment only Call 020 8525 2400 to book
First Steps Psychology Support (Referral & by appointment only) **9am-4pm** (0-18 years)	**Baby Yoga with Karen** **15/09-13/10** **10/11-08/12** (5-week course) **10am-11am** (6 weeks-8 months) Call 020 8525 2400 to book a place	**Interactive Story Telling with Stay & Play Drop-In (Supporting children's language development)** **9am-11.15am** (0-5 years)	**Messy Play Drop-In for Babies** **1.30pm-3pm** (0-12 months)	**Music with Double Bass Dan** **First come first served** **9.30am-10.00am** **10.15am-10.45am** (0-5 years)
Messy Play Drop-In **1.30pm-3pm** (0-5 years)	**Baby Massage with Karen** **15/09-13/10** **10/11-08/12** (5-week course) **11.30am-1pm** Call 020 8525 2400 to book a place (6 weeks-8 months)	**Craft Making Sessions with Korinna Drop-In** **1.30pm-3pm** (0-5 years)	**Infant First Aid Workshop 24/09** **1pm-3pm** (0-12 months) Call 020 8525 2400 to book a place	**Stay & Play Drop-In** **1.30pm–3pm** (0-5 years) 
Cooking/Baking with Korinna **1.30pm-3pm** (2-5 years)	**Stay & Play Drop=In** **1.30pm–3.30pm** (0-5 years) **Making it REAL Project** 	**Sing & Sign with Corin** **09/09-09/12** **2.15pm-3.00pm** (0-5 years)		Morningside Primary School and Children's Centre Achieving and Aspiring Together

Children & Family Hubs
Partnerships

Hackney

Gainsborough Children's Centre

Berkshire Road, London, E9 5ND
T: 020 8985 4622
E: childrenscentre@gainsborough.hackney.sch.uk

Activity Timetable (Term Time only) 7 September to 17 December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Family Breakfast **8.15am – 8.45am** Drop-In (0 – 10 yrs) **First Steps 1.1 Consultation** **9.00am – 3.00pm** Appointment only	**Speech and Language** **9.00am – 12.00pm** Appointment only **Maths GCSE Tuesday & Wednesday** **9.30am – 3.00pm** Please call 0208 3565055 Email iag@hackney.gov.uk	**Coffee Morning with Joyce.** Drop-In Meet Charlee our Pre-School Manager for admissions, tours and pre-school questions. **8.45am – 9.30am**	**Mini Movers 1.1 Consultation** **9.00am – 3.00pm** Appointment only **Registered Childminder's Group** **9.30am – 11.30am**	**Special Educational Needs and Disabilities Stay & Play** Emerging or diagnosed **9.00am – 11.00am** **Health Visitor Clinic** **10.00am – 3.00pm** Appointment only from 06/09 Every other Friday
Development check with Health Visitor **9.30am – 11.30am** Appointment only **Music with Joyce Drop-In** **9.30am – 11.00am** (0-18 months) **English GCSE Course** **10.00am – 12.00pm** (with creche) Please call 0208 356 5055 email iag@hackney.gov.uk	**Health Visitor Clinic** **9.30am – 11.30am** Appointment only **Sensory/Messy Stay & Play** **9.30am –11.30am** Drop-In (0 – 5yrs) 	**Stay & Play (My Journey) Drop-In** **9.30am - 11.30am** (0-8yrs) **Infant Breastfeeding Drop-In** **10.00am – 11.30am** **First Aid workshop for parents one-off session** **10.00am – 12.00pm** 30/09 Booking required	**English GCSE Course** **10.00am – 12.00pm** (with creche) See Monday booking detail **Health Visitor Clinic** **11.30am – 3.30pm** Appointment only **Please call to book or enquire about our sessions on 02089854622**	**Baby Massage with Karen** **10.00am – 11.30am** 5 week course Starts 18/09 & 13/11 Booking required (4 weeks– pre crawling) **Mama Meet Up** 11/09 Black Mixed Heritage Mums **11.30am –1.30pm** Please ask for more details
Respite Creche **1.30pm – 3.30pm** (0 – 5yrs) Monday & Wednesday Please check eligibility **Stay & Play Drop-In** **3.45pm – 4.45pm** (0-5 yrs)	**Stay & Play Drop-In** **1.30pm – 3.30pm** (0 – 5yrs) **Stay & Play Drop-In** **3.45pm – 4.45pm** (0 – 5yrs)	**Infant Breastfeeding** Black Mixed Heritage Mums **12.30pm – 2.00pm** Appointment only **Stay & Play** **3.45pm – 4.45pm** Drop-In (0 – 5yrs)	**Baby Yoga with Karen** **1.30pm – 2.30pm** 5 week course Starts 17/09 & 12/11 Booking required (6 weeks – pre crawling) **Stay & Play Drop-In** (with Toy Library) **3.45pm – 4.45pm** (0 – 5yrs)	**Sleep Clinic** **12.00pm - 1.00pm** Last Friday of Every Month Advice and Tips **Cooking with Joyce Drop-In** **3.30pm – 4.45pm**

Children & Family Hubs
Partnerships

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Daubeney Children & Family Hub

Activity Timetable (Term Time only) 2 September to 16 December 2026

103 Daubeney Road London E5 0EG
T: 020 8525 7040
E: CFHUB@daubeney.hackney.sch.uk

Citizen's Advice
For support, advice, information on wellbeing, welfare and benefits.
Tuesdays, 10am–1pm Daubeney C&F Hub.
Call 020 8525 7040 to book.

Shelter Housing Support and Advice
Contact 020 8525 7040

Domestic Abuse Intervention Service Support and Advice Contact 020 8525 7040

Baby Steps Support and Advice
Contact 020 8525 7040

Healthy Start Vitamins
FREE vitamins for pregnant women, new mums and children under four. You can collect Healthy Start Vitamins from Daubeney, Gainsborough, Wentworth, and Morningside reception Monday– Friday, 9am– 5pm.

Forest School Outdoor Learning at Clapton Park Children's Centre
More information:
hackneyforestschool.co.uk/web/drop-ins/225242

Rose vouchers
To find out if you are eligible for rose vouchers for FREE fruit & vegetables,Contact Daubeney C&F Hub.

Childcare
For more information on childcare vacancies contact:
Daubeney School Nursery
020 8525 7040
Wentworth Nursery School & Children's Centre
020 8985 3491 Option 1
Clapton Park Children's Centre
020 8986 7437
Gainsborough Children's Centre
020 8985 4622Option 2
You can also find out if you are eligible for FREE fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.
For more information go to: education.hackney.gov.uk/

Family Foundations Parenting Support
Family Foundations offers advice and support on parenting, including:

- Parenting groups and referrals
- One-to-one support
- Signposting to local services
- Housing and financial advice

Contact the Family Foundation Team at the Hub, Monday to Thursday.

Speech & Language initial assessment (CATCH)
If you are concerned about your child's speech, language or communication, you can attend a CATCH Initial Assessment. Appointment only.
Email: huh-tr.sltinfo@nhs.net or
call 020 7683 4262 for more information.
1st Tuesday of the month at
Daubeney Children & Family Hub

Childminder Network
Clapton Park Children's Centre
Contact Grace on 020 8986 7441/07810856321

Useful Links

Homerton Maternity Helpline
020 8510 5955
Available every day from 10am–6am
huh-tr.homertoninfantfeeding@nhs.net
homerton.nhs.uk/infant-feeding

NCT Infant Feeding
0300 330 0700
Available every day from 8am to midnight
hackneyinfantfeeding.nct.org.uk

Support for Dads
what's app group: 07984 601104
aaron.charles@hackney.gov.uk

Newborn Hearing Screening Clinic
To make an appointment: 020 8510 5738
E-mail: huh-tr.newborn-hearing-screening-hackney@nhs.net

Physiotherapist Clinic
Last Friday of month Book Online:
URL: https://www.swiftqueue.co.uk/pre_timescreen.php?d=$2y$12$0NlrCqdL7g0AV3qXrba6z.oHGrmlucSw0ATBsAsq8z8id3KnmPcTG