

Daubeney Children & Family Hub

Activity Timetable (Term Time only) 2 September to 16 December 2026



103 Daubeney Road London E5 0TG

T: 020 8525 7040

E: CFHUB@daubeney.hackney.sch.uk

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Chill & Chat with Infant Feeding Peer Support Group Drop-In 10am – 11.30am Stay & Play Drop- In Starts from 07/09 10am – 12pm (0-5 years)	Wigglers & Jigglers Drop-In Starts from 08/09 10.30am – 11.30am (0 –12 months) Post-Natal Yoga for Parents Drop-In Starts from 08/09 2pm-3pm (with 6 weeks - 8 weeks babies)	My Journey Stay & Play Starts from 09/09 Drop-In 10am – 12pm (0-5 years) Health Clinic 9.30pm – 3.30pm Call 020 7683 4151 to book	Baby Massage Course for Parents (5 weeks) 10am – 11.30am Starts Date: 24/09 & 12/11 Call to book	Baby Stay & Play Drop-In with Toy Library Starts from 11/09 10am – 12pm (0 –3 years) Family Coaching workshop Supporting Positive Parents & Child relationship 10am-12pm 6/11 Call Nivi on 07766923838
Music with Creative Future Starts from 07/09 1pm - 1.45pm (0 - 12 months) 2pm- 2.45pm (1- 4 years) Antenatal/Postnatal Clinic 9am – 4pm By appointment only from NHS 	Baby Steps Workshop: Cry & Sleeping 1pm –3pm 15/09 Call to book First Aid Workshop 1.30pm –3.30pm 08/09 Call to book CAB Advice session 9am – 1pm Call to book	Sing & Sign with Corin Drop-In Starts from 09/09 1pm – 1.45pm (0 – 5 years) Shelter Housing Workshops: Call to book Renters Rights Act -An Overview 1.30pm –3.30pm 23/09 Tracking Disrepair 1.30pm –3.30pm 25/11	Baby Bells with Hartbeeps Drop-In Starts from 10/09 1pm – 1.45pm (0 – non crawling age) Happy House Drop-In Starts from 10/09 2pm – 2.45pm (Crawling age– 4 years) CAB Legal Advice session 9am – 1pm Call to book 2pm - 4 pm Drop-In	Physiotherapy Clinic 9am - 11am Support and advice for tummy time and your child's development. 25/09, 30/10 & 27/11 Book online URL: https://www.swiftqueue.co.uk/pre_timescreen.php?id=\$2y\$12\$0NlrCqdL7g0AV3qXrba6z.oHGmrlucSw0ATBsAsq8z8id3KnmPcTG
Shelter Housing Advice Session 9.30-1.15pm Call to book NCFE Entry level 3 Essential Digital Skills Course for Parents (No Creche) Starts from 7/09 Every Monday & Tuesday 1pm – 3pm Call to book	Starting Solids workshop 1pm –3pm 22/09, 13/10 & 10/11 Call to book What's in Your Food? Understanding Food Labels Workshop 1pm –3pm 17/11 Call to book Healthy Food Swaps Workshop 1pm –3pm 8/12 Call to book	Newborn Hearing Screening Clinic 9am- 3pm Call 020 8510 5738 to book 	Parents Panel Meeting 10pm- 12pm 5/11 To book call Nivedita 07766923838	Follow us on Instagram & WhatsApp 

Wentworth Nursery School & Children's Centre

Activity Timetable (Term Time only) 7 September to 21 December 2026

Granard House, Bradstock Road, E9 5BN

T: 020 8985 3491, option 2

E: childrenscentre@wentworth.hackney.sch.uk

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Stay & Play Drop-In 9.30am – 11.30am (0 – 4 years) Postnatal Baby Yoga 21/9 – 19/10 11:00am – 11:45am Invites only.	Tots Together Drop-in 9.30am – 11.30am (0 – 24 months)	Messy Play Drop-In 9.30am – 11.30am (0 – 4 years) No session 4/11 Library Visit 4/11, 10am – 11am	Tiny Tots Drop-In 9.30am – 10.30am (Newborns to crawling)	Stay & Play Drop-In 9.30am – 11.30am (0 – 4 years) No session 11/9 & 2/10 Autumn Walk 2/10, 9.30am – 11.30am
Eating for Healthy Teeth Workshop 21/9, 1pm – 3pm Fussy Eating Workshop 28/9, 1pm – 3pm Creche provided. Call 020 8985 3491, option 2 to express interest or scan the QR code.	To register your interest in workshops & courses scan this QR code: 	Baby Massage 23/9 – 14/10 & 11/11 – 2/12, 10am – 10.50am By booking only Call 020 8985 3491, option 2 to express interest or scan the QR code to the right.	Mini Movers 10/9 & 12/11 10am – 11am (Newborns to crawler) Q&A with a therapist about your baby's physical development.	Starting Solids 16/10 & 4/12 9.30am – 11.30am Booking only. Infant 1st Aid 06/11 9.30am – 11.30am Booking only.
HENRY Parenting Programme 5/10 – 30/11, 12:45pm – 3:15pm Creche provided. Call 020 8985 3491, option 2 to express interest or scan the QR code.	Respite Creche 1pm – 3pm (term time only) Referrals only. Adult learning: ESOL course 1pm – 3pm	Respite Creche 1pm – 3pm (term time only) Referrals only. Adult learning: ESOL course 1pm – 3pm	Stay & Play Drop-In 1pm – 3pm (0–4 years) Physio Q&A Drop-In 17/9 & 17/12 1pm – 2:30pm	Quilting course with creche 1pm – 3pm (term time only) By booking only. Call 020 8985 3491, option 2 to express interest or scan the QR code.
Pops & Tots Baby Yoga 21/9 – 19/10 4.30pm – 5.15pm Booking only.		Candle Making workshop 28/10, 1pm – 3pm (1/2 term) (3 – 8 year old) Booking only.		Breakfast Stay & Play Saturday 26/9/2026 10am-12pm

Children & Family Hubs
Partnerships



 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Music and Movement – Support for Childminders 10am–11:30am (0–5 years)	Stay & Play 10am–12pm (0–5 years)	Forest School Drop-In 10am–11.30am (18 months–5 years) Call or email to book a place	Messy Play 10am – 12pm (0 – 5 years)	Under 18 months session 10am–12pm (0–18 months)
Soft Play 12.30pm–2pm (0–18 months)	Toy Library with Stay & Play 10am–12pm (0–5 years)	Childminding – Support for Childminders 10am–12pm (0–5 years)	HENRY: Healthy Families Right From The Start Programme 1.30pm–3.30pm (01/10/2026 - 26/11/2026)	Baby Massage 10am–10.45am 18/9 – 16/10 & 6/11 – 04/12 (5 weeks–Pre-crawlers) Call or email to book a place
	First Aid Workshop for Parents 1pm–3pm 06/10/2026 Call or email to book a space	Gardening Club 10.30am–11.30am 02/09 - 21/10 (18 months–5 years)		
		Sensory Toy Library 1pm–1.30pm (0–18 months, or SEND children aged 0–5 years)		
		Sensory Play 1.30pm–2.30pm (0–18 months, or SEND children aged 0–5 years)		

Millfields Children's Centre

Activity Timetable (Term Time only) 3 September to 18 December 2026

Elmcroft Street, London E5 0SQ
ccinfo@millfields.hackney.sch.uk

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Baby Massage 4 week baby massage course 1.30pm - 2.30pm Starting 14/09, and 09/11 Please book in advance via email	Stay and Play Drop-In 10am– 11:30am (0-5 years)	Stay and Play Drop-In 10am– 11:30am (0-5 years) Centre will be closed on 16 September 2026	Stay and Play Drop-In 10am–11.30am (0-5 years)	Music & Movement Drop-In 10am–11.30am (0-5 years)
Mini Movers Visit from physiotherapist to give tips on physical development 1.30pm - 2.30pm 12/10 and 14/12 Starting Solid workshop To get tips on introducing your baby to solid food. 1pm –3pm 19/10 and 07/12 Book in advance via email	Stay and Play Drop-In 1.30pm–3pm (0-5 years) 	Stay and Play Drop-In 1.30pm - 3pm (0-5 years) Centre will be closed on 16 September 2026	Baby Bells with Hartbeeps Drop-In 10am – 10.45am Starts from 10/09 (0 – non crawling age) First Aid for parents and babies under 1 1pm - 3pm 15/10 Please book in advance	

Frampton Park Baptist Church (FPBC)

Activity Timetable (Term Time only) September to December 2026

Frampton Park Road, London E9 7PQ
T: 020 8986 4765

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
		Stay and Play Drop- In 10am – 12pm (0 – 5 years)	Stay and Play Drop- In 10am – 12pm (0 – 5 years)	Stay and Play Drop- In 10am – 12pm (0 – 5 years)

Morningside Children's Centre

Activity Timetable (Term Time only) 3 September - 18 December 2026

Chatham Place, Hackney, London, E9 6LL

T: 020 8525 2400

E: admin@morningside.hackney.sch.uk

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Soft Play Drop-In 9am–11.15am (0-5 years)	Speech & Language Therapy Session 1:1 9am–4pm By referral only	Speech & Language Therapy Session 1:1 9am–4pm By referral only	Soft Play Drop-In for Babies 9am–11.15am (0–12 months)	Enhanced Health Visiting Infant Feeding Support 9.30am–2pm By appointment only Call 020 8525 2400 to book
First Steps Psychology Support (Referral & by appointment only) 9am–4pm (0-18 years)	Baby Yoga with Karen 15/09-13/10 10/11-08/12 (5-week course) 10am–11am (6 weeks–8 months) Call 020 8525 2400 to book a place	Interactive Story Telling with Stay & Play Drop-In (Supporting children's language development) 9am–11.15am (0-5 years)	Messy Play Drop-In for Babies 1.30pm–3pm (0-12 months)	Music with Double Bass Dan First come first served 9.30am–10.00am 10.15am–10.45am (0-5 years)
Messy Play Drop-In 1.30pm–3pm (0-5 years)	Baby Massage with Karen 15/09-13/10 10/11-08/12 (5-week course) 11.30am–1pm Call 020 8525 2400 to book a place (6 weeks–8 months)	Craft Making Sessions with Korinna Drop-In 1.30pm–3pm (0-5 years)	Infant First Aid Workshop 24/09 1pm–3pm (0-12 months) Call 020 8525 2400 to book a place	Stay & Play Drop-In 1.30pm–3pm (0-5 years) 
Cooking/Baking with Korinna 1.30pm–3pm (2-5 years)	Stay & Play Drop-In 1.30pm–3.30pm (0-5 years) Making it REAL Project 	Sing & Sign with Corin 09/09-09/12 2.15pm–3.00pm (0-5 years)		 Morningside Primary School and Children's Centre Achieving and Aspiring Together

Children & Family Hubs
Partnerships



 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
Family Breakfast 8.15am – 8.45am Drop-In (0 – 10 yrs) First Steps 1.1 Consultation 9.00am – 3.00pm Appointment only	Speech and Language 9.00am – 12.00pm Appointment only Maths GCSE Tuesday & Wednesday 9.30am – 3.00pm Please call 0208 3565055 Email iag@hackney.gov.uk	Coffee Morning with Joyce. Drop-In Meet Charlee our Pre-School Manager for admissions, tours and pre-school questions. 8.45am – 9.30am	Mini Movers 1.1 Consultation 9.00am – 3.00pm Appointment only Registered Childminder's Group 9.30am – 11.30am	Special Educational Needs and Disabilities Stay & Play Emerging or diagnosed 9.00am – 11.00am Health Visitor Clinic 10.00am – 3.00pm Appointment only from 06/09 Every other Friday
Development check with Health Visitor 9.30am – 11.30am Appointment only Music with Joyce Drop-In 9.30am – 11.00am (0-18 months) English GCSE Course 10.00am – 12.00pm (with creche) Please call 0208 356 5055 email iag@hackney.gov.uk	Health Visitor Clinic 9.30am – 11.30am Appointment only Sensory/Messy Stay & Play 9.30am – 11.30am Drop-In (0 – 5yrs) 	Stay & Play (My Journey) Drop-In 9.30am - 11.30am (0-8yrs) Infant Breastfeeding Drop-In 10.00am – 11.30am First Aid workshop for parents one-off session 10.00am – 12.00pm 30/09 Booking required	English GCSE Course 10.00am – 12.00pm (with creche) See Monday booking detail Health Visitor Clinic 11.30am – 3.30pm Appointment only Please call to book or enquire about our sessions on 02089854622	Baby Massage with Karen 10.00am – 11.30am 5 week course Starts 18/09 & 13/11 Booking required (4 weeks– pre crawling) Mama Meet Up 11/09 Black Mixed Heritage Mums 11.30am – 1.30pm Please ask for more details
Respite Creche 1.30pm – 3.30pm (0 – 5yrs) Monday & Wednesday Please check eligibility Stay & Play Drop-In 3.45pm – 4.45pm (0-5 yrs)	Stay & Play Drop-In 1.30pm – 3.30pm (0 – 5yrs) Stay & Play Drop-In 3.45pm – 4.45pm (0 – 5yrs)	Infant Breastfeeding Black Mixed Heritage Mums 12.30pm – 2.00pm Appointment only Stay & Play 3.45pm – 4.45pm Drop-In (0 – 5yrs)	Baby Yoga with Karen 1.30pm – 2.30pm 5 week course Starts 17/09 & 12/11 Booking required (6 weeks – pre crawling) Stay & Play Drop-In (with Toy Library) 3.45pm – 4.45pm (0 – 5yrs)	Sleep Clinic 12.00pm - 1.00pm Last Friday of Every Month Advice and Tips Cooking with Joyce Drop-In 3.30pm – 4.45pm

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T: 020 8525 7040

E: CFHUB@daubeney.hackney.sch.uk

Citizen's Advice

For support, advice, information on wellbeing, welfare and benefits.

Tuesdays, 10am–1pm Daubeney C&F Hub.
Call 020 8525 7040 to book.

Shelter Housing Support and Advice

Contact 020 8525 7040

Domestic Abuse Intervention Service

Support and Advice Contact 020 8525 7040

Baby Steps Support and Advice

Contact 020 8525 7040

Healthy Start Vitamins

FREE vitamins for pregnant women, new mums and children under four. You can collect Healthy Start Vitamins from Daubeney, Gainsborough, Wentworth, and Morningside reception Monday– Friday, 9am– 5pm.

Forest School Outdoor Learning at Clapton Park Children's Centre

More information:
hackneyforestschool.co.uk/web/drop-ins/225242

Rose vouchers

To find out if you are eligible for rose vouchers for **FREE** fruit & vegetables, Contact Daubeney C&F Hub.

Childcare

For more information on childcare vacancies contact:

Daubeney School Nursery

020 8525 7040

Wentworth Nursery School & Children's Centre

020 8985 3491 Option 1

Clapton Park Children's Centre

020 8986 7437

Gainsborough Children's Centre

020 8985 4622 Option 2

You can also find out if you are eligible for FREE fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.
For more information go to: education.hackney.gov.uk/

Family Foundations Parenting Support

Family Foundations offers advice and support on parenting, including:

- Parenting groups and referrals
- One-to-one support
- Signposting to local services
- Housing and financial advice

Contact the Family Foundation Team at the Hub, Monday to Thursday.

Speech & Language initial assessment (CATCH)

If you are concerned about your child's speech, language or communication, you can attend a CATCH Initial Assessment. Appointment only.

Email: huh-tr.sltinfo@nhs.net or call 020 7683 4262 for more information.

1st Tuesday of the month at
Daubeney Children & Family Hub

Childminder Network

Clapton Park Children's Centre
Contact Grace on 020 8986 7441/07810856321

Useful Links

Homerton Maternity Helpline

020 8510 5955

Available every day from 10am–6am
huh-tr.homertoninfantfeeding@nhs.net
homerton.nhs.uk/infant-feeding

NCT Infant Feeding

0300 330 0700

Available every day from 8am to midnight
hackneyinfantfeeding.nct.org.uk

Support for Dads

what's app group: 07984 601104
aaron.charles@hackney.gov.uk

Newborn Hearing Screening Clinic

To make an appointment: 020 8510 5738
E-mail: huh-tr.newborn-hearing-screening-hackney@nhs.net

Physiotherapist Clinic

Last Friday of month Book Online:
URL: [https://www.swiftqueue.co.uk/k/pre_timescreen.php?d=\\$2y\\$12\\$0NlrCqdL7g0AV3qXrba6z.oHGrlucSw0ATBsAsq8z8id3KnmPcTG](https://www.swiftqueue.co.uk/k/pre_timescreen.php?d=$2y$12$0NlrCqdL7g0AV3qXrba6z.oHGrlucSw0ATBsAsq8z8id3KnmPcTG)