



Starting Solids

Free Workshop

Join us for guidance on introducing your baby to solid foods in a safe and stress-free way, building healthy habits right from the start.

Tues 13 Oct , 1 - 3pm,

Tues 10 Nov, 1 - 3pm

Daubeney Children &
Family Hub

Daubeney Rd, E5 OEG



Scan to sign up!