

Hi! My name is Mooskan

***Your educational
mental health
practitioner.***



I provide 1:1 and small group support
for parents* who have children struggling with anxiety,
emotional regulation and/or common behavioural
challenges.

*I can also provide one-off student and parent
workshops in school*
on topics such as managing transitions to secondary
school, resilience and general mental well-being.

Please contact the school's SENCO or
designated mental health lead if you would
like to know more about what support I can
provide!

please note I do not work one to one with children. *



*Scan this QR code to find out more about our Wellbeing and
Mental Health Support in School (WAMHS) service*